



JOGESHWARI EDUCATION SOCIETY'S
COLLEGE OF COMMERCE SCIENCE & INFORMATION TECHNOLOGY
(AFFILIATED TO UNIVERSITY OF MUMBAI)

JES Education Complex, Deves Road, Arvind Ganitshir Campus, Jogeshwari (East), Mumbai - 400 060
Tel : 022 2824 5527 / 83588 87783 | Email : jescollegecom@gmail.com | Web : jescollege.edu.in

Women Development Cell Report for Academic Year 2022-2023

1. Orientation Program

The committee conducted an Orientation Program for the girl students to create awareness of the Duties and Requirements of the Women Development Cell which was organized on 27th August, 2022 for girl student and Members of WDC.

2. Poster Making Competition

Women Development Cell of JES College organised a Poster making competitions which was held on 13th August, 2022 for the occasion of 75th Independence Day of India. The Theme was "Azadi Ka Amrit Mahostav-75 Years of Independence". India is a land of great political leaders who ruled the country effectively and also by protecting its national interest. The objective of the competition was to address the feeling of patriotism among the students and it had served up to the best, around 17 students from all department of our college has participated in the event with full zeal and love towards the mother land. Whole event was organized on 13th August, 2022 from 11:00 a.m in block no.208 premises.

3. Women's Equality Day Celebration

A two-day workshop was conducted by the Women Development Cell for girl students of all streams on 10th & 11th February, 2023 to celebrate Women Empowerment. On Day 1, total 178 girls participated and on Day-2, 151 girls participated. The students spent total 10 hours for this workshop. Students learnt about different career options. They understood how to select career goals. They also learnt the necessity to develop



skills in various aspects of employment like professional grooming & facing interviews. Students understood the importance of career & skills to get employed. They also understood professionalism is key to get employed & progress in career. Total 3 Certificates were issued to the participants.

4. Breast Cancer Awareness Program

To educate the girl students and women teachers on 9th November, 2022 at 8:30-9:30 am Breast Cancer Awareness Program was organized. Resource person for this program was Dr Uma Sawant, MD(Gynaecologist). She has created awareness on Breast Cancer, its causes & preventive measures. She rolled out statistics to prove the alarming increase in breast cancer cases in recent years. This program covered aspects like: Probable Symptoms that cause breast cancer, ways to identify it in early stages to be cured off like Dimpling, Puckering, stretching pain in the back, retracted nipple etc. She suggested precautionary measures like avoiding cholesterol rich fat diet, alcohol intake, reducing obesity based on the BMI standard, curtailing use of tobacco, being aware on aspects like endocrine disruption due to oral contraceptive use, physical inactivity, proper clothing, benefits of breast feeding etc., Later on, she briefed the participants on methods of early detection and curative measures. She also explained how to carry out Self Breast Examination (SBE), clinical Tests, mammography and ultra sound scanning and advised the girl students & women teachers on the measures to be taken to protect themselves from the dreadful disease. She advised the girl-students to be conservative and follow healthy food eating habits. Total 94 girl students attended this program.

5. Gender Week Celebration

IQAC, WDC & ICC in collaboration organized five days Gender Sensitization Program from September, 20th -September 26th, 2022.



Day-1(20th September, 2022): Mr Pravin Thote from MAVA spoken Toxic to Transformative- Unpacking Masculinity. He explained when we talk of sex, we refer to our body private parts given to us by God. But when we talk of Gender, we refer to norms defined by the society. The session was attended by 105 students.

Day-2 (21st September, 2022): Dr Vahida Nainar an independent researcher spoke on the topic "Women's Movement- Contribution Towards Advancing Women's Right". Different issues discussed were domestic violence, unjust family laws, murder attacks, etc.

Day-3 (23rd September, 2022): Mr Altamash Khan, Gender Trainer & program Coordinator- MAVA conducted a discussion on "Breaking the Binaries: Gender as a Spectrum". A detailed discussion on LGBTQIA+ community was conducted. It was attended by 92 students.

Day-4(24th September, 2022): Ms Shobha Kabra, Faculty Art of Living Coordinator Project Pavitra conducted a session for girls on how to maintain menstrual hygiene. The session was attended by 80 girls.

Day-5(26th September, 2022): Ms Hasina Khan, A women's Rights activist. She spoke on "Kill the Rape Culture not the Rapist". She concluded a session by saying let us all standup for such society where everyone is treated with respect and dignity. The session was attended by 74 students.

6. Health & Gender Training Program

This training was organized by Vacha Charitable Trust and Friedrich-Ebert-Stiftung (FES).

Day-1: Health & Gender Training (29th August,2022)

In this session, they have explained difference between male and female in terms of sex, chromosomes/DNA, Behavior/Voice, Periods and puberty. They also discussed girl's and boy's decision-making skills /responsibility about their life and freedom



against society. At the end of the day one session, job and duties were allocated to 30 trained participants.

Day-2: Gender and Health fair (30th August,2022)

Gender and Health fair is organized by trained participants in which 157 students have participated. In these fair different games such as Snakes and ladder, select your body part, Bottle shooter, Ring toss, Hammer and nails was organized. At the end of day two,30 participants were awarded with certificates.



PH Shelar

PRINCIPAL
JOGESHWARI EDUCATION SOCIETY'S
COLLEGE OF COMMERCE, SCIENCE
& INFORMATION TECHNOLOGY
Caves Road, Jogeshwari (E), Mumbai-400 060.



**JOGESHWARI EDUCATION SOCIETY'S
COLLEGE OF COMMERCE SCIENCE & INFORMATION TECHNOLOGY
(AFFILIATED TO UNIVERSITY OF MUMBAI)**

JES Education Complex, Caves Road, Arvind Gandhvir Campus, Jogeshwari (East), Mumbai - 400 060
Tel : 022 2824 5527 / 83588 67783 | Email : jescollegecom@gmail.com | Web : jescollege.edu.in

**Glimpses of WDC Activities conducted during Academic Year
2022-2023**

Orientation Program



Poster Making Competition



Women's Equality Day Celebration

**Jogeshwari Education Society's
JES COLLEGE OF COMMERCE
SCIENCE & INFORMATION TECHNOLOGY
(AFFILIATED TO MUMBAI UNIVERSITY)**

Day-1
Career Guidance & Enhancement
of Employability Skills Workshop
Date: 10th February, 2023
Block no: 208 & 209
Timing: 8:00 AM – 1:00 PM

**Jogeshwari Education Society's
JES COLLEGE OF COMMERCE
SCIENCE & INFORMATION TECHNOLOGY
(AFFILIATED TO MUMBAI UNIVERSITY)**

Day-2
Career Guidance & Enhancement
of Employability Skills Workshop
Date: 11th February, 2023
Block no: 208
Timing: 8:00 AM – 1:00 PM

Breast Cancer Awareness Program

**Jogeshwari Education Society's
JES COLLEGE OF COMMERCE
SCIENCE & INFORMATION TECHNOLOGY
(AFFILIATED TO MUMBAI UNIVERSITY)**

Breast Cancer Awareness Program
Speaker: Dr. Uma Sawant, MD(Gynecologist)
Date: 9th November, 2022
Time: 8:30-9:30am
Venue: Block no. 208



Gender Week Celebration



Health & Gender Training Program





Jogeshwari Education Society's
JES COLLEGE OF COMMERCE
SCIENCE & INFORMATION TECHNOLOGY
 (AFFILIATED TO MUMBAI UNIVERSITY)



PK Shelar

PRINCIPAL
 JOGESHWARI EDUCATION SOCIETY'S
 COLLEGE OF COMMERCE SCIENCE
 & INFORMATION TECHNOLOGY
 Caves Road, Jogeshwari (E), Mumbai-400 060.