



**JOGESHWARI EDUCATION SOCIETY'S
COLLEGE OF COMMERCE SCIENCE & INFORMATION TECHNOLOGY
(AFFILIATED TO UNIVERSITY OF MUMBAI)**

JES Education Complex, Caves Road, Arvind Gandbhir Campus, Jogeshwari (East), Mumbai - 400 060.
Tel : 022 2824 5527 / 83568 67783 | Email : jescollegecom@gmail.com | Web : jescollege.edu.in

Notice

Subject: - 30 Hrs Yoga Workshop

We are excited to announce a comprehensive "30-Hour Yoga Workshop" that aims to promote physical and mental well-being through the practice of yoga. Which would begin on 6th September 2022 on the turf. This workshop will provide valuable insights and techniques to enhance your yoga journey to both beginner and regular practioners.



PRINCIPAL
JOGESHWARI EDUCATION SOCIETY'S
COLLEGE OF COMMERCE SCIENCE
& INFORMATION TECHNOLOGY
Caves Road, Jogeshwari (E), Mumbai-400 060.